

NEWSflash

Summer 2017

ADKC
Action Disability
Kensington & Chelsea
A Centre for Independent Living

The Voice of Disabled People in Kensington & Chelsea



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- **ADKC's Independent Living and Care Fair – new date!**
- **Free swimming and Inclusive Leisure Pass**
- **Extra support grant for former Grenfell Tower residents**
- **Research into barriers to counselling for people with learning or cognitive impairments**

Come to the ADKC Independent Living and Care Fair!

New Date: Wednesday 4th October 2017 – 11am-2pm
Small Hall, Kensington Town Hall.

ADKC is organising an Independent Living and Care Fair! This will be an opportunity for all older people and disabled adults, and their family / carers, to find out the range of services available in the Royal Borough to help people who need a bit of extra help to live an independent life. We will have a number of care agencies, council services,

local organisations, private independent living service providers and organisations that support people who employ personal assistants to help them live an independent life!

For further information... keep an eye on our website – www.adkc.org.uk/care-fair, Facebook page ([\[Independent-Living-and-Care-Fair-294587127637900\]\(http://www.facebook.com/ADKC-Independent-Living-and-Care-Fair-294587127637900\)\), follow us on Twitter @ \[IndependLivesKC\]\(https://twitter.com/IndependLivesKC\) or contact Jenny on 020 8960 8888.](http://www.facebook.com/ADKC-</p></div><div data-bbox=)

Jenny Hurst
*Personal Budget coordinator,
Taking Control Project.*

The ADKC staff



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Disclaimer

ADKC's Newsflash aims to provide a forum for local disabled people. The views expressed here do not necessarily reflect those of ADKC or its Executive Committee. We obtain our news and information from reputable organisations.

Jamie Renton



Welcome to the summer edition of Newsflash.

As I'm sure you can appreciate, these have been difficult and harrowing times for us here at ADKC. Our offices are just across the road from Grenfell Tower and we have been greatly affected by the fire and the events which followed it. It would be impossible to live or work in the local community and not be affected!

We have been supporting local disabled people who survived the fire and those who witnessed it or lost friends or family members.

I don't believe this work

is over, I think it's hardly begun. A whole community needs to be supported to heal and vital lessons need to be learnt to make sure that nothing like this ever happens again. None of this will happen overnight. All we can do is work together to try and make things better.

The next issue of Newsflash should be with you in the autumn.

Jamie Renton
Chief Executive

Leisure Pass

Disabled residents, people over 60 and unemployed residents can apply for the new Leisure Pass and will need to show proof of disability/age/unemployment benefit and proof of residency in the borough.

You will need to complete an application and a short monitoring form. Both are available from the Kensington Leisure Centre and Chelsea Sports Centre (10am-12.00pm and 2.30-4pm, Monday to Friday).

Disabled residents can also complete an application form at the ADKC Centre, Monday to Fridays, 9.30am-5pm,

(where you can also photocopy documents for proof of eligibility), and take completed forms to Kensington Leisure Centre, who will process the applications and issue the Leisure Pass.

Free Swimming workshops for disabled residents are back by popular demand! Fridays, 2-3pm at Kensington Leisure Centre in the Teaching Pool. The sessions are taught by Melinda and are running until 30th March 2018. Access the swimming workshops with the Leisure Pass.

Contact Marian or Simone at ADKC on 020 8960 8888 for more information.

Research Opportunity

Your Views are Important and Need to Be Heard.

Dear ADKC Members,

My name is Anna Clarke, I am a student at Bath Spa University undertaking an additional professional qualification, an MA in Counselling & Psychotherapy Practice.

I have been a qualified counsellor for many years working within the local community dealing with a diverse, multicultural population, enabling individuals to talk through difficult feelings in a safe, supported, confidential, contained environment which has helped facilitate life changes for the benefit of many individuals.

I am looking to undertake a small-scale study within the local community targeting people with an intellectual disability. The reason for this study is that it appears that throughout my professional career as a counsellor I felt

that people with intellectual disabilities were under represented in accessing counselling services.

The aim of this research is to find out:

What are the barriers to accessing counselling for people with intellectual disabilities?

To answer this question, I will be holding focus groups and individual interviews at ADKC where consenting members with intellectual disabilities are invited to participate in this research.

This would provide an opportunity for you to have your voice heard and for barriers to counselling services to be identified, evidenced through your contributions, and recorded findings documented in a final report which could be of benefit to the organisation and its members.



If you are interested or you know anybody who may like to participate in helping link the pieces of this research together and would like to find out more information, please contact me by phone or email leaving your name and contact details.

email address:
acresearchpmp@gmail.com

Mobile No. 07401 764725

I would like to thank you all for taking the time to read this article and I look forward to hearing from you.

Anna Clarke

Grants for survivors of the Grenfell Tower fire

Family Action have set up a grant fund to support people who were residents of Grenfell Tower at the time of the fire on 14th June 2017 with "any item or purpose that will support an individual or family's general wellbeing as they seek to rebuild their lives following the fire".

This can be things like covering the cost of replacing specialist equipment lost in the fire (such as disability/independent living related equipment, covering extraordinary costs incurred as a result of the fire, large phone bills as a result of multiple calls made contacting family and friends after the fire, or non-routine child care needs as a result of the fire, e.g. to allow parents to attend housing appointments or therapy sessions.

ADKC is now a referring organisation and can support people to apply for the grant.

For more information, to find out if you might be eligible or help to make an application, contact Marian at ADKC on 020 8960 8888

Independent Living and Care Fair

When: 11am-2pm on Wednesday 4th October

Who: For RBKC residents who are older/disabled and need extra support

What: Information stalls, services, equipment, talks, resources, community organisations

Where: The Small Hall, Kensington Town Hall, Hornton Street, W8 7NX

For more information:

carefair@adkc.org.uk/020 8960 8888

twitter: @IndependentLivesKC

f: IndependentLivingandCareFair

