

NEWSflash

Winter 2015

ADKC
Action Disability
Kensington & Chelsea
A Centre for Independent Living

The Voice of Disabled People in Kensington & Chelsea



In this issue...

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Please join us for Mulled Wine and Mince Pies

**Tuesday 22nd
December 2015
2.00 to 4.30pm**

At The ADKC Centre
Whitstable House
Silchester Road
London
W10 6SB
Non-alcoholic punch
available!

RSVP to Martha on
020 8960 8888
PBadm@adkc.org.uk



Editor's word

Jamie Renton



Welcome to the annual festive issue of Newsflash.

Our offices will be closed from lunchtime on Thursday 24th December until 9.30 on Monday 4th January 2016. However, with this issue of Newsflash, you should find a list of emergency contact details where you can get support while our offices are closed. If you haven't received these, please let us know before 24th December and we'll get them out to you.

Here at ADKC we're all looking forward to having a well earned break, before we return refreshed and ready for action at the beginning of next year. As ever I want to thank our

staff team, our Executive Committee, our volunteers and above all else you, our members for your continued support.

Whatever you're celebrating in this festive season, I hope you enjoy it and look forward to seeing you in the New Year.

The next issue of Newsflash should be with you by February.

Jamie Renton
Chief Executive

Regular Events

ADKC Wheelchair Hire

Short term loans at reasonable prices. £5 per day or £25 for a whole week (7 days).

ADKC Photo Service:

Only £3 for four passport-size photos

Internet Café:

Every Friday at ADKC Centre 10am-1pm
FREE
Come meet other ADKC members and surf the net session.

Massage and Reflexology:

At the ADKC Centre on Wednesday and Friday, £20/£15 Unwaged. Please note that if you fail to turn up to your appointment or cancel it 48 hours or less before the time it is due, you will be liable for the full cost of the appointment. Please contact Eric at ADKC for prices and to book a session.

Please contact us here at ADKC on 020 8960 8888 for more information on any of these activities.

The ADKC staff



Jamie Renton
Chief Executive



Eric Dilley
Office Manager



Marian O'Donoghue
Information and Advice Officer



Simone Galloway
Disability Connect Co-ordinator



Martha Girgis
Personal Budgets Information and Advice Officer



Jenny Hurst
Personal Budgets Support Co-ordinator



Glenda Joseph
Lifelong Learning Project Worker



Mariya Stoeva
Access Project Co-ordinator

ADKC Centre

Whitstable House
Silchester Road, W10 6SB
T: 020 8960 8888 F: 020 8960 8282
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Disclaimer

ADKC's Newsflash aims to provide a forum for local disabled people. The views expressed here do not necessarily reflect those of ADKC or its Executive Committee. We obtain our news and information from reputable organisations

Some events for the festive season...

Ice Skating at Westfield Shopping Centre

From Thursday 19th November 2015 to Sunday 3rd January 2016 (Closed on Christmas Day).

Adult: £12.00 £10.00

Child (aged 4 -12): £10.00 £8.00

Student/Concessions: £11.00 £9.00

Family: (2 adults/2 children or 1 adult/3 children) £38.50 £32.00



Winter Holiday Events at The Victoria and Albert Museum of Childhood:

A range of stories and making activities: FREE / For all ages / Drop in

Festive Family Films

Saturday 19 December - Sunday 3 January
£3 per person/Babies under 18 months free

The Muppet Christmas Carol

Monday 21 December, 14.30

Frozen

Tuesday 29 December, 14.30

Toy Story 1

Wednesday 30 December, 14.30

Chitty Chitty Bang Bang

Thursday 31 December, 14.30

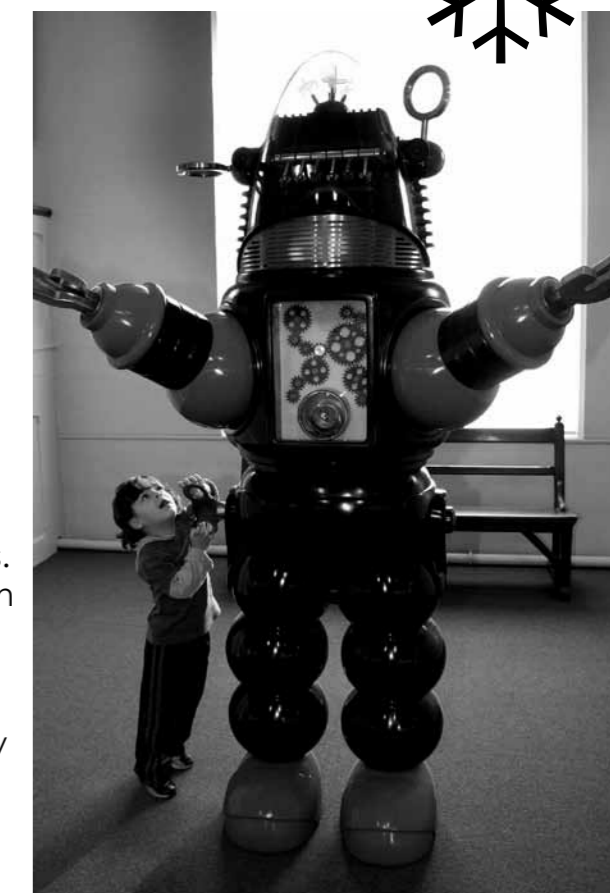
Christmas presents, decorations and cards on sale at the museum shop.

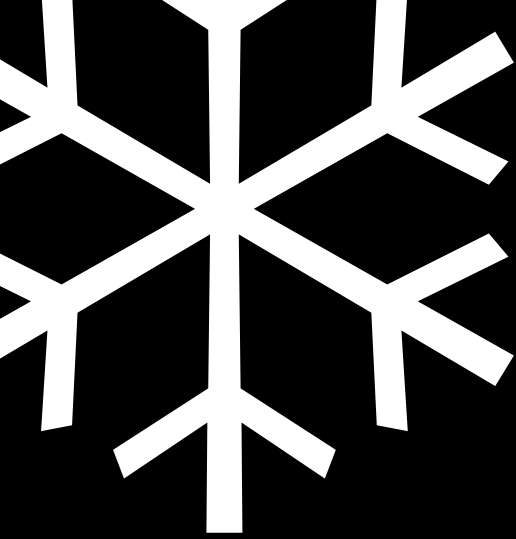
Access

Staff are trained to meet the needs of all our visitors. Free on-site parking can be arranged for visitors with specific access needs. The car park is accessed via Victoria Park Square, to the rear of the Museum.

For more information call 020 8983 5200. The nearest pay and display bays are on Cambridge Heath Road. The Museum is not in the congestion charging zone.

Victoria and Albert Museum of Childhood
Cambridge Heath Road, London E2 9PA





Season's Greetings
from ADKC to all our
members, friends,
supporters



Whatever you're
celebrating during the
Christmas Holiday, have
a good one!

