

# NEWSflash

February 2017

ADKC

Action Disability  
Kensington & Chelsea  
A Centre for Independent Living

*The Voice of Disabled People in Kensington & Chelsea*



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## The ADKC staff



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### ADKC Centre

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### Disclaimer

ADKC's Newsflash aims to provide a forum for local disabled people. The views expressed here do not necessarily reflect those of ADKC or its Executive Committee. We obtain our news and information from reputable organisations.

## Jamie Renton



Happy New Year and welcome to the first Newsflash of 2017.

Elsewhere in this issue, you'll find details of our Disabled People's Question Time events taking place in February and March. These will follow the format of our successful first Question Time event last summer: a room full of local disabled people, a panel of local bigwigs and me trying to do my best David Dimbleby impersonation!

This time we've organised two events a month apart from each other, so that we can ask our questions and make our requests at the first

meeting and then follow-up and make sure that the panellists have done what they said they were going to do at the second one.

I really hope that you can make it along to both.

The next issue of Newsflash should be with you by April.

**Jamie Renton**  
Chief Executive

## Regular Events

### ADKC Disability Connect and Information & Advice Projects Drop-ins:

At the World's End Neighbourhood Advice Centre, World's End Estate, London SW10 0HE (off the Kings Road) on the last Monday of the month (except Bank Holidays). The two projects alternate each month. Contact Simone or Marian for more info.

### ADKC Wheelchair Hire

Short term loans at reasonable prices. £5 per day or £25 for a whole week (7 days).

**ADKC Photo Service:** Only £3 for four passport-size photos.

### Internet Café:

Every Friday at ADKC Centre 10am-1pm FREE  
Come meet other ADKC members and surf the net

### Massage and Reflexology:

At the ADKC Centre on Wednesday and Friday £17.50 unwaged.  
Please note that if you fail to turn up to your appointment or cancel it 48 hours or less before the time it is due, you will be liable for the full cost of the appointment.  
Please contact Eric at ADKC for prices and to book a session.

**Please contact ADKC on 020 8960 8888 for more info on any of these activities.**

# Access Kensington and Chelsea Award Winners



**The ADKC Access Awards took place in the Mayor's Parlour at Kensington Town Hall in October. Organised by ADKC's Access Kensington and Chelsea Project Co-ordinator Mariya Stoeva, the awards recognized services and venues in the borough voted the most accessible by ADKC members.**

**The award winners were:**

- Chelsea and Westminster Hospital – medical service category
- Kensington town Hall – for accessible administrative service
- Victoria and Albert Museum - leisure service category
- Kensington Aldridge Academy - education service category
- Carluccio's, Kensington High Street - accessible restaurant, café or bar
- Royal Garden Hotel - accessible travel service provider or hotel
- Sainsbury's, Ladbroke Grove – shops category.

Kathryn Mangold, receiving the award on behalf of Chelsea and Westminster Hospital, has since written to Mariya to say that they are particularly proud of their accessible "Changing Places" toilet facility. Kathryn explained that a Changing Places toilet is different to a standard toilet or accessible toilet as it has extra features. This includes an extra wide height, adjustable changing bench, a hoist system and more space for the disabled person and their carers.

It is hoped that the Access Kensington and Chelsea Awards will become an Annual event.

In this Newsflash are some pictures from the occasion.



## Do you need help and advice to deal with debt?

Kensington Citizens Advice Bureau (CAB) are keen to improve access to debt advice for disabled people who are resident in Kensington & Chelsea and they have asked us to share this with our members:

You can get in touch with Kensington Citizens Advice on 020 8962 3491 or email [debt.help@kensingtoncab.org.uk](mailto:debt.help@kensingtoncab.org.uk) (for support around debt only).

Please give them a call for more information about the service and/or to book an appointment.



## Free Swimming Workshops at Kensington Leisure Centre

Kensington Leisure Centre are offering FREE structured swim sessions for local disabled people. This is an opportunity to learn a little technique, but also to have fun in the water.

To book a place, contact Daniel on 020 3793 8210 or email him at: [daniel.arnamart@GLL.org](mailto:daniel.arnamart@GLL.org)

The sessions will be led by swimming instructors and take place on Fridays 2-4pm at Kensington Leisure Centre.

# **Kensington and Chelsea Disabled People's Question Time!**

**Your chance to question the  
politicians and decision makers!**

Thursday 23rd February  
AND Thursday 23rd March 2017  
4-6pm

## **Where?**

Latymer Community Church  
116 Bramley Road  
London W10 6SU

For more information contact Jamie Renton:  
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