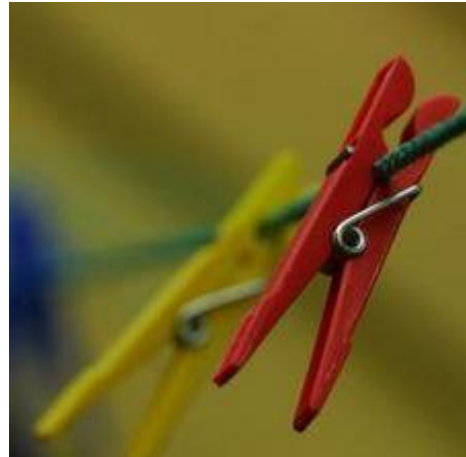


Westminster PEG (Peoples Empowerment Group)
EASE THE LOAD AND HANG YOUR TROUBLES HERE!



The PEG welcomes all disabled, isolated and lack of confident residents of North Westminster to our Peoples Empowerment Group. The Group shares confidential discussions around day to day life challenges and barriers, it is also a place where you could have the space to feel free and safe to talk in a warm welcoming environment.

This is a member led group where you are listened to. You can expect to receive peer and mentor support and guidance where you are no longer isolated or alone, where you can gain the skills to become confident, feel uplifted and empowered with support.

This is delivered by an Action Disability Kensington and Chelsea User-led group, who have developed a support network with members and have been providing peer support for disabled residents of Kensington and Chelsea, acting as mentors who have shown a strong interest in supporting a Westminster PEG.

We meet Every other Thursday from 11:00am – 1:00pm

Venue: Leonora House Centre
49 Lanark Road
Maida Vale
London
W9 1RA



**For more information call Project Manager
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IF IT MATTERS TO YOU, IT MATTERS TO US.