



Action Disability

*Kensington & Chelsea
A Centre for Independent Living*

Action Disability Kensington and Chelsea Open Day Spring 2025

For disabled adults (with physical, sensory or invisible impairments) who live or work in Kensington and Chelsea.

- ❖ Indoor Gardening Workshop
- ❖ Find out about massage therapies
- ❖ Games Room with accessible dominoes and playing cards



Thursday 24th April 2 – 4.30 PM

**At The ADKC Centre, Whitstable House,
Silchester Road, W10 6SB**

And online via Zoom:

<https://us02web.zoom.us/j/87616614901?pwd=1imxKMie83r52jl7QYubH0WNHKdVLr.1>

**TIME
= & =
LOCATION**

Light Refreshments Provided



Please RSVP to Beverley:

0208 960 8888

admin@adkc.org.uk