










Help shape NHS services as a ‘Volunteer lived experience representative’ for long term conditions

Our aim is to enhance healthcare services, improve outcomes for patients with long term conditions and reduce health inequalities



This group will support improved care for:

- | | | | |
|---|------------------------------|--|-------------------------|
|  | Respiratory conditions |  | Diabetes |
|  | Cardiovascular disease |  | Wheelchair services |
|  | Post-COVID care |  | Personalisation of care |
|  | Musculoskeletal issues |  | Patient transport |
|  | Gynecology and sexual health |  | Neighbourhood health |

What does the role involve?

- A minimum commitment of 12 months, including attendance of at least 3 meetings during this period
- Providing feedback about your experience with health services
- Participating in group sessions, project meetings and workshops
- Co-designing resources for patients and carers
- Advocating for the needs of patients and carers.



Who can volunteer?

- Residents of Brent, Ealing, Hammersmith & Fulham, Harrow, Hillingdon, Hounslow, Kensington and Chelsea & Westminster, aged 18+
- People with lived experience of, or those at risk of a long term condition, or carers, who are willing to share their experiences to improve patient outcomes and reduce health inequalities
- Team players who wants to drive positive change for their community.

What will you gain?

- Empathy and advocacy skills: represent patient needs and influence healthcare decisions
- Teamwork experience: work alongside healthcare teams to improve services
- Meaningful change: contribute to meaningful service improvements that benefit your community.



To express your interest in becoming a

'Lived experience representative' scan the QR code or visit:

www.nwlondonicb.nhs.uk/get-involved/volunteer-livedexperience-representatives

to complete a short form

Applications close **07 April 2025**.



If you have any questions, please contact nhsnwl.communications.nwl@nhs.net